

PRABHAAV FOUNDATION

Annual Report Year 2022-23



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PRABHAAV making a positive IMPACT on Society.....

Started its JOURNEY in 2011, with a few like-minded friends from different educational backgrounds.

We started, we stumbled, we paused, we learned, we failed, we struggled, we succeeded, but NEVER GAVE UP!

PRABHAAV is a passion, a dream to be fulfilled, with the long-term goal of leaving a legacy.

We thank our corporate partners who actively support us in the professional implementation of CSR projects.

Development and maintenance in itself is a multi-layered process that involves aggressive participation of people, which is possible only if they are awakened, motivated, educated and adapt to the changing times.

Evolving from ME (self-empowerment) to WE (empowerment of others). Coexistence, we believe, is always the first step in creating a strong, happy ecosystem.

Our journey from a dot to a circle, encompassing in itself challenging issues like Health, Environmental sustainability, Road Safety to sensitive issues like preserving, rejuvenating, reviving our Culture.



MISSION

VISION

Empowering Society through

Self-Belief

Social Development through Education, Health, Culture and Environment for creating a happy Eco-System



Our Impact since 2011



ROAD SAFETY AWARENESS PROGRAM 1,58,000



SKILL DEVELOPMENT 27,300











ARTISTS SUPPORTED

25,850

Contribution Towards SDG'S



Message From The Founders

Ms. Vandana Lakhanpal & Ms. Parul Kumar

The First step to fortifying oneself is to accept - accept ourself and only then can we truly accept our people, our circumstances and our destiny. Acceptance of self is probably the most difficult process of all, and strangely enough the hardest. We cannot accept the divinity of our innate nature and that is the reason we walk joyless, fearful and negative on this earth. Acceptance of others is also a difficult process, for we usually see in others a reflection of what we wish to see. Acceptance of circumstances and of destiny, is as difficult. We believe that every circumstance that comes to us in life comes with a gift of learning. The experience that come to us are varied - joy, laughter, pain even anguish and sorrows. But living in all the experiences, we must bless them for all that they brought. For all we must glean is not the experience, but the learning from the experience. Often we walk our journey, making it so difficult for our own selves, by our own negativities and fears there are messages that come to us that we may walk lighter and with more joy. We will hear these messages only if we are open to hearing the messages that come to usOpen our hearts and our souls... Even open to receive... The choice is always our own - To receive or to reject. Prabhaav Foundation is our choice. We have to take the direction that our mind wants and our heart desires. And in making that choice, we seed our future.....

At Prabhaav Foundation we nurture our future together.....



Our Strength



Vandana Lakhanpal

Co-Founder Prabhaav Foundation-Vandana is driven by her belief. 'karma parmo dharma'.

She makes things happen instead of waiting for them to happen. She is actively involved in organising and leading at the Foundation.

Vandana takes it upon herself not to stay anchored in the routine, always looking for new challenges and associating with programs that would leave a positive impact on the society.



Parul Kumar

Co-Founder Prabhaav Foundation-Parul has excellent organizational and strong communication skills that combines well with her passion for working for the society.

Member CSO committee NITI Aayog, Parul has very actively contributed in the social sector.

Recipient of many prestigious awards she is a true team player and solution based strategizing and business development is her passion.



Ritu Suneja

Ritu, contributes strongly towards the growth and overall development of the foundation.

With an all round approach to tackle various challenges she is actively involved in its day-to-day runnina.

She doesn't believe in quitting, even when things get tough, but works towards finding simple and efficient solution to the problems. She is very much "A people's person."

Snigdha, is a strong pillar of the Prabhaav team. A lawyer, a certified POSH trainer and an NGO representative for the internal committee at few organizations.

She is closely associated with WCD. Her Caring attitude always works as a guiding light for people around her.



Snigdha Anand

Snigdha's involvement in the community development programs have helped the community members become confident and self-reliant.



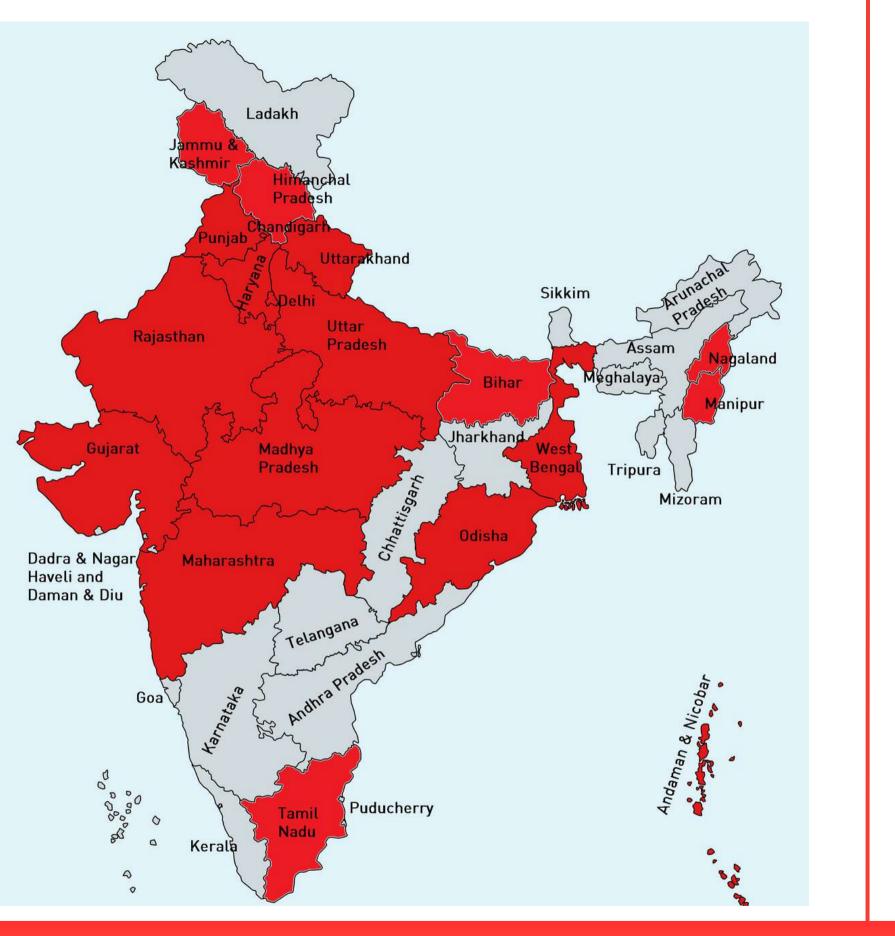
Gaura Jain

Gaura, an entrepreneur who has been running a successful business for more than a decade. She is an avid nature lover and works in the development sector.

She has helped to support disadvantaged sections of society in the employment sector.

With her zeal and enthusiasm for the betterment of society, she strives to strengthen our foundation through her support, research and evaluation.

GEOGRAPHICAL REACH



- Delhi

- Bihar

- Goa

 Jammu and Kashmir Himachal Pradesh • Chandigarh • Punjab • Haryana Uttrakhand Rajasthan Uttar Pradesh Nagaland • Manipur Madhya Pradesh • Gujarat West Bengal • Odisha Maharashtra Tamil Nadu Andaman and Nicobar Islands

ROAD SAFETY

UN SDGoal 3.6 By 2030, halve the number of global deaths and injuries from road traffic accidents.

UN SDGoal 11: Making cities and human settlements inclusive, safe, resilient, sustainable.

India Records 1,55,622 Road Accident Deaths in 2022 1130 accidents every day 18 deaths every hour 59.7% of fatalities occurred due to over-speeding

62% of these accidents were recorded on just 5% stretch of the highways, hinting that preventive measures need to be taken to reduce accidents on these stretches.

Road accidents often occur due to laxity resulting in human error on the part of road users, despite their being aware of the general rules and safety measures.

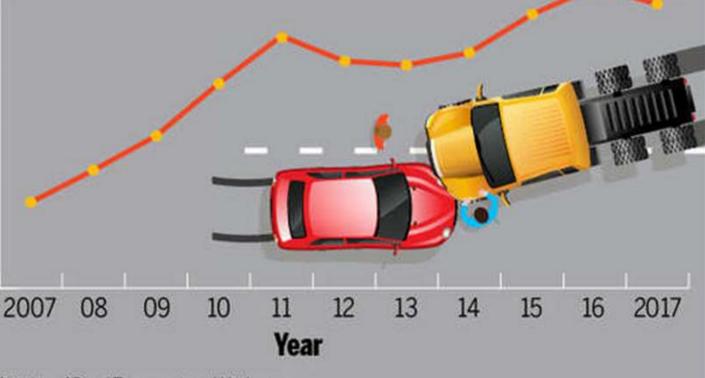
Source: Ministry of Road Transport and Highways

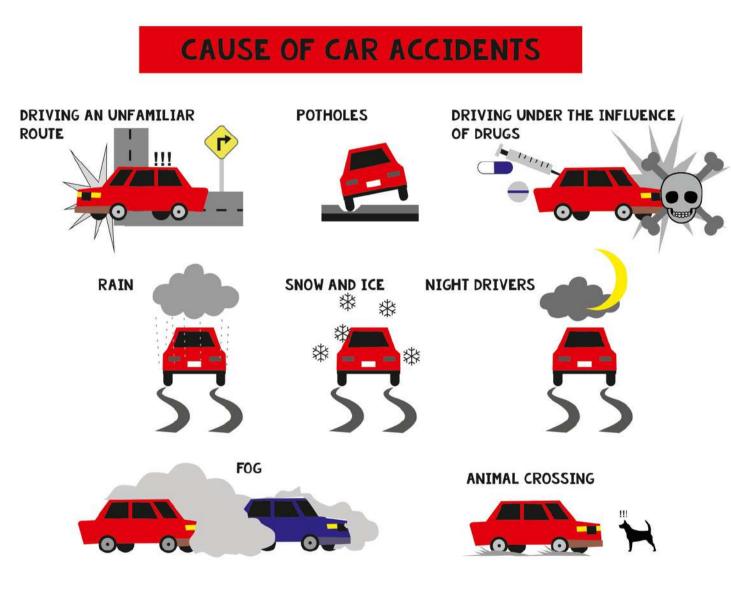
1,50,000

No. of deaths

1,00,000

ROAD FATALITIES IN INDIA





Common factors contributing towards road accidents are:

- helmets etc.
- roads/highways.
- footboards, catching a running bus etc.

• Drivers: Over-speeding, rash driving, violation of traffic rules, failure to understand road signs, fatigue, alcohol, avoiding safety gears like seat belts,

• Pedestrian: Carelessness, ignorance, crossing at wrong places on the

• **Passengers:** Projecting their body outside the vehicle, talking to/distracting the drivers, alighting and boarding vehicles from the wrong side, travelling on

• Vehicles: Failure of brakes or steering, tyre burst, inadequate light, overloading, projecting loads and poorly maintained vehicles.

• Road Conditions: Potholes, damaged road, eroded roads, merging of rural roads with highways, diversions, illegal speed breakers, no street lights.

• Weather conditions: Fog, snow, heavy rainfall, wind storms, hail storms.

Our Initiatives

With the hourly increase in vehicles on our roads, it is important that every citizen knows and abides by the rules.

Even the younger members of our society, our children need to be educated about road rules and regulations.

We have been conducting trainings, workshops, awareness campaigns and rallies on road safety in collaboration with ICICI LOMBARD, JSL Foundation, IRF and AGS Health throughout the year to spread the understanding and importance of safe roads across India.

In this endeavour have **trained** more than **1,58,000 parents, students, teachers and drivers**.







Ride To Safety

It is well known that most fatalities in accidents involving two-wheelers are due to head injuries.

The "Ride to Safety" campaign, a CSR initiative of ICICI Lombard, was conducted by the Prabhaav Foundation in more than 65 schools in the cities of Nagpur and Ahmedabad.

Road safety workshops were conducted to raise awareness of the fatal consequences of ignoring traffic rules and to highlight the importance of road safety. Special emphasis was given to the usage of helmets for both the rider and the pillion rider.

The campaign was designed to reach young children (5th, 6th, 7th and 8th graders) and their guardians from Government and govt aided private schools.







We trained more than 24,000 people in traffic safety standards and distributed 12000 adults and 12000 children high quality helmets.

In Ahemdabad a special road safety rally was organised with the support of Gujarat Traffic Police. DCP Traffic- Smt. Neeta H Desai, flagged of the rally. More than 600 people enthusiastically participated showcasing their bright helmets.



Rural Awareness Programme

In **2022** in collaboration with **ICICI LOMBARD**, road safety workshops were conducted at **32 locations** in rural Uttar Pradesh and other parts of **India**.

Under this initiative, we have reached and distributed **helmets** to more than **6000** people. The aim of the program was to promote the use of helmets for riders and children in rural India.





International Road Federation (IRF)

Road fatalities have always been a great challenge for the authorities.

While a number of campaigns and awareness programmes are being conducted across the country, one such unique effort was initiated by IRF with the support of the Urban Development and Transport Ministry and Prabhaav Foundation.

Highways account for the highest death rate in India. Individuals residing along the upcoming highways should be sensitized about the road safety norms.

In 2021, IRF identified 7 such stretches and began the implementation of the 5 E's program along these highways. Prabhaav Foundation is proud to be undertaking the job of training (E 3-Education) in 3 of these corridors/ stretches-Sidhi-Singrauli Expressway, Madhya Pradesh, Paniyala Mod-Dudu Section, Rajasthan, and Nagpur- Amravati Section, Maharashtra.



Paniyala Mod to Dudu Highway, Rajasthan 7250 individuals were trained in 79 schools on Road safety.



Nagpur Amravati Highway, Maharastra **21425 individuals** were trained in **235 schools** on Road Safety.





Singrauli to Sidhi Highway, Madhya Pradesh **12850 individuals** were trained in 147 schools on Road Safety.



Stainless-Roads

As a part of the CSR initiative of Jindal Stainless Limited, "STAIN-LESS ROADS" was launched in 2019. Under this initiative awareness programs/workshops were undertaken in **2022**, in the city of **Hisar**.

The students from classes 9th and 11th were selected for the workshop to become the torchbearers of this initiative. They were encouraged to share what they learned in the workshops with other students through poems, posters, slogans, and drawings which were displayed on bulletin boards distributed by Prabhaav Foundation. Road safety clubs which were also formed to leave a long lasting impact of the program.

1093 students were trained in **20 schools** during the academic year 2022-23.







A minor or a major injury, if not attended to within the golden hour, can be fatal. It is critical that everyone has the basic knowledge and is aware of the correct techniques to be used while administering first aid.

CPR (cardiopulmonary resuscitation) training sessions were conducted by Capt. Ram Kr, a former soldier and certified CPR/first aid instructor. Training was conducted in **20 schools** where **316 teachers and support staff i**ncluding bus drivers and

conductors were trained.

So far, more than **7800 people across India** have benefited from the **Stainless Roads campaign.**

HEALTH

UN SUSTAINABLE DEVELOPMENT GOAL 3; ENSURE HEALTHY LIVES AND PROMOTE WELL-BEING FOR ALL AT ALL AGES.

India despite a centuries old heritage of medicine and health sciences tracing to the Vedic times accounts for a substantial part of the global burden of disease, with 18% of global deaths and 20% disability-adjusted life-years.

India with a current population of 14,05,013,751 has a **per capita expenditure** on health of Rs.2097. Over 80% of the current government health expenditure (2.1.% of the GDP) is on primary and secondary health care.

Health expenditures are responsible for more than half of Indian households falling into poverty; the impact of this has been increasing pushing around **39 million** Indians into **poverty** each year.

Over the years we have faced many challenges, one of the major killers in the health sector remains communicable diseases. Almost **500 Million** people have been infected and **6 million people have died** due to the spread of **COVID**-**19** since March 2020 and new variants are still a threat.

Addressing Sanitation, Eye Care, Menstrual Hygiene, Internal and physical wellness and any other Emergencies like Covid-19, Prabhaav foundation has been conducting widespread health checkup camps and awareness campaigns in a number of communities pan India.















According to the World Health Organization (WHO), at least 2.2 billion people worldwide have a near or distance vision impairment.

"An ounce of prevention is worth a pound of cure," unattended eye injury, can lead to irreversible vision loss.

Eye checkups allow an eye care professional to monitor not only one's visual acuity and power of glasses, but also the comprehensive health of the eyes.

Prabhaav continues to conduct Eye camps under various CSR initiatives. Major supporters being ICICI Lombard, JSF Foundation, Manikchand and PB Fintech. So far more than 30500 have benefited, Pan India.

In few of the camps, patients were provided with free medicines, eye drops, spectacles and due medical assistance as required.

Eye Camps





To ensure road safety, eyesight is of prime importance for all the drivers. Study show that 50 per cent of the truck drivers have vision issues.

Majority of these drivers ignore eye check-ups as they are continously on the road and lack awareness of consequences of weak eyesight.

Keeping this in mind Jindal Stainless Foundation initiated a Free Eye Check-up camp for Truck Drivers at the Jajpur plant of Jindal Stainless Limited.

In 2022 the eye screening program was implemented by team members from Prabhaav Foundation & Ak Institute of Ophthalmology.

This Program has benefitted 2500 truck drivers. More than 700 spectacles have been distributed and around 40 truck drivers were adviced further treatment.

Eye Camp at Jajpur



Pure Water is the World's First and Foremost Medicine



"Water is life and clean water means health."

ICICI Lombard's Project Niranjali was initiated with the objective to provide safe drinking water facilities in the school premises and spread awareness on the necessity of clean drinking water.

The relationship between clean and safe drinking water and school education is crucial to understand. As children usually spend most of their day in the school, it is necessary to provide them with basic facilities such as clean drinking water. It has been observed that illness due to non-accessibility or non-availability of this basic facility limits students from attending school regularly. It has been estimated that more than 40 percent of diarrhea cases in children are transmitted in schools (UNICEF, 2012).

Providing purified drinking water to underprivileged school children helps to save them from waterborne diseases.

In most government and private schools the water provided for consumption has high **TDS** levels. This results in high incidence of water borne diseases amongst the students.

Niranjali

Through our partnership with ICICI Lombard, we have installed 740 water purifiers in 740 schools in Pune district since 2021, benefiting over 600,000 children to date.

In 2022, Eureka Forbes & Kent water purification and cooling systems were installed in 600 educational institutions in Pune.

TDS levels were checked in over 1000 schools in Delhi, Mumbai and Pune.

In Pune **60000 water bottles** were distributed to children to ensure they stored and drank clean water.

The initiative also focused on organising workshops in schools to promote the need and importance of clean drinking water.









Strengthening Ambulance Services

Certain situations in life require immediate medical care and a fraction of a delay can drastically change somebody's life. The ambulance service and paramedics are very important as they save hundreds of lives daily.

To address emergencies and ensure the best first line of treatment for the patients the ambulances should be equipt with advanced lifesaving equipment.

To ensure first line treatment, and speedy and safe transportation of patients in the rural areas of Rajasthan, Prabhaav foundation with the support of **AGS health** donated medical equipment for the upliftment and strengthening of 5 ambulances of Sawai Man Singh Hospital, Jaipur.













Donation (Oxygen Concentrators)



Since 2011, Prabhaav has been working to build and strengthen sustainable healthcare infrastructure specially for the rural areas. Over the years, our mission has broadened to not only provide healthcare access, but to invest in both equipment and technology within communities.

2021 India stood amidst the storm of the second potent wave of Covid-19. Countless lives were lost over the lack of oxygen. With the support of ICICI Lombard we donated 400 oxygen concentrators pan India, to strengthen the healthcare infrastructure of state governments, PHC's and CHC's.

On the auspicious day of Makar Sakranti 2023, aiming to bolster the work of our in-country partners' Medulance Healthcare and to establish a stable, reliable oxygen supply system in the ambulances we donated 50 oxygen concentrators.

Slum Sensitisation & Sanitation

As a result of rapid urbanisation, the number of slum dwellers is increasing by 1,20,000 worldwide every week, overburdening the existing infrastructures.

Facilities in these slums are minimalistic and often lead to multiple health issues.





Prabhaav Foundation is working to provide access to improved WASH amenities (water, sanitation and hygiene).

In August 22, with support of **Affle (India) Limited**, we provided the Ghata village slum in Gurugram with Portable Toilets. These toilets were equipped with water tanks and septic tanks. The slum dwellers were regularly sensitised about the importance of

using these facilities.

Wellness Camps and Health Camps

Wellness & Health Campaigns and workshops were undertaken to achieve the state of having a sound body, mind, and spirit.

Prabhaav organised various such camps exploring all aspects from mental and physical health of school children Pan India in more than a 100 plus locations.

Free Dental Check ups were organised with an initiative to ensure good oral health and were guided to maintain good oral hygiene.











Menstrual Hygiene

Lack of proper menstrual hygiene can pose serious health risks.

In India 50-60% of the women don't use the most basic form of menstrual protection and lack knowledge of menstrual hygiene.

Prabhaav foundation conducted several workshops and camps to ensure the health of women in rural and slum areas of Delhi NCR. Women were distributed biodegradable Sanitary napkins.

ART & CULTURE

Aligned with UN Sustainable Goal 8; Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.

Aligned to UN Sustainable Goal 17; Strengthen the means of implementation and revitalize the global partnership for sustainable development.





Our culture gives the nation a tapestry, every corner of the country has a unique art form. The sad reality is that the various types of art in India are falling prey to modernisation and slowly slipping into the category of dying art and culture.

Leaving behind the artworks of India means forgetting a part of our history. Efforts have been made by the government, non-governmental and private organisations to preserve these art forms and the artists.

The Indian artist has been earning his daily bread and butter through international and domestic shows, cultural exchange programs and tourists visiting India. It is estimated that more than 30% of international tourists come to India to visit our cultural sites.

Prabhaav foundation has been supporting cultural development in India. Artists from Rajasthan, Odisha, Bihar, Gujarat, Haryana, Tamil Nadu, Madhya Pradesh and Bengal have been provided platforms through events, exhibitions etc. to showcase their creativity.



Love40disha

When Cyclone Fani hit the Odisha coast in 2019, it claimed many lives causing damage to infrastructure and agriculture. It also washed away many priceless pieces of Pattachitra art in the artist village of Raghurajpur. Their helplessness moved us deeply and then began our association with the village. We supported them with infrastructure support for the local school and other livelihood opportunities. This association grew stronger, during the pandemic the artist community was provided with basic necessities like dry ration and medical kits. Since then health, wellness and eye camps have been organised for them annually.

> In 2022-23, with the support of SONY, we launched a holistic growth initiative -LOVE40DISHA.

This aimed at increasing the gross income of PATTACHITRA artists - Heritage Art of Odisha.













Under this initiative conducted at Raghurajpur, both well established and emerging artisans were upskilled. A 5-day workshop was conducted to improve their skills and knowledge.

As part of this initiative, the Foundation enhanced their knowledge on financial literacy, the importance of social media, product designing, photography and social skills.

Our workshops helped them increase their visibility on social media making them aware of marketing strategies and the latest market trends and thus increased sales and sustainability.

While on a road safety project implementation in central India, we came across an area which is still unconnected to the developing India. The plight of women is almost primitive, where in a family of 5 women, there is just a single saree to be shared.

With an attempt to help these women, we connected with a weaver in south India, who was out of work due to the pandemic and was more than happy to weave sarees for us.

We were overwhelmed by the response of the public for our initiative to collect sarees as they expressed happiness in donating clothes lying hidden in their wardrobes and funds to assist us to connect the dots of the weaver and the women.

Clothes For Unprivileged

Vasudhaiva Kutumbaka ("the world is one family").

Financial Education Programme

UN SDG- 4: "Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all."

"Managing money is the root from which the buds of prosperity blossoms" India is home to 17.5% of the world's population and according to a survey conducted, over 76% of Indian adults lack basic financial literacy and don't understand the most basic and key financial concepts.

The Constitution of India, through Article 46 entrusts the State to promote economic and educational interests of the marginalized and weaker sections of its citizens, to protect them from social exploitation and all forms of social injustice.







The objective of this initiative was to educate people about the importance of insurance, and purchase adequate insurance cover to protect themselves. The aim was to educate the people to make the right financial choices.

To Reach out to the unreached by enhancing their financial literacy, ICICI LOMBARD as part of a CSR initative launched a pilot **Financial Education** Programme in 2022.

This project targeted educational institutions of Kurukshetra (Haryana), benefitting around

70 individuals.



In a tie up/partnership with Enactus, a non-profit entrepreneurial global initiative which promotes and fosters entrepreneurial action through business innovation that creates a social impact in a promising manner.

As an initiative under Project "Tashin" of Enactus VIPS (Vivekananda Institute of Professional Studies) the idea was to create something useful from fabric waste. Fabric scraps from tailors and designers gets collected and these women make useful items such as

multi-purpose bags, tote bags, potlis, scrunchies, etc. These products are sold by the students of the college through exhibitions, and online marketing websites. This effort has made these women financially independent and in most cases they are able

to support their families.







ENVIRONMENT

UN SD goal 15: Life on Land

From the last two centuries, our environment is facing monumental proportions of depletion of natural resources due to fast growing population, pollution and industrial revolutions.

Long-term exposure to outdoor and household air pollution causes about four million premature deaths worldwide each year. Of these, 25% of deaths occur in India.

Most of the waste generated has been dumped in landfills since the 1940s and is slowly becoming a potential killer of human existence. They produce a variety of greenhouse gases that cause smog, hazards such as acid rain, and depletion of the ozone layer.

About 80% of surface water in India is polluted by sewage and garbage, and an alarming percentage of groundwater is contaminated by various organic and inorganic sources.









The Foundation is committed to the protection, conservation and improvement of nature and humanity.

Prabhaav Foundation is working on various projects to redress the ecological imbalance by revitalising water bodies, cleaning our air and restoring our damaged land through tree plantations and other innovative methods for a greener and better world.

> Plantation Drives have been carried out regularly across Schools, Colleges & various RWAs annually.

He who plants a tree loves others besides himself!



Sustainability is no longer about doing less harm. Its about doing more good. A simple way to help preserve the environment is to plant trees.

Trees absorb harmful gases and release oxygen, which leads to an increase in oxygen supply.

Spending time surrounded by trees and green spaces also reduces stress levels in our daily lives.

On July 28, 2022, World Wildlife Day, the CSR team of Luminous Power Technologies Pvt. Ltd. in collaboration with Prabhaav Foundation planted 200 trees in various schools in Gurugram.



India has a tree population of only 35 billion, leading to just 28 trees per person.

Trees have numerous benefits, not only contributing to environmental sustainability, but also help to provide emotional support for all living things.

On March 27, 2023, a tree planting campaign was held as part of the CSR initiative of FedBank Financial Services Ltd. Under this initiative, 1200 trees were planted in the Alipur forest in the presence of the team members from FedBank and Prabhaav Foundation.





Restoration - Development - Plantation - Landscaping



It's been a 5 year long journey... under JSL (Jindal Stainless Limited) CSR initiative we have been nurturing the 24-acre- O.P. Jindal Memorial Park(MillGate), Hisar, Haryana.

With hundreds of daily visitors, this lush green park acts as "the green lungs" in this industrial city. The well manicured healthy greenery is a special place for all, especially the senior citizens, daily walkers, children and many football and basketball enthusiasts who regularly use the court facilities after the turfs have been repaired. Along with beautiful murals, green walls and steel artifacts discarded materials have been extensively used to improve the sustainability of the ecosystem. Bird feeders made from discarded air conditioners, attractive installations and planters made from old, discarded tyres are located throughout the park. Colourful seasonal flowers adorn the newly created elevated enclosed flower beds. An attractive cacti rockery has been made over the debris of the old toilet block The park has been producing its own manure using its indegenous greens. A glimpse of our journey has been documented in our book. "PARKING a difference.



Treasure From Trash (Sensitization & Sanitation)





With an aim to encourage people to breathe new life into trash and to create Treasure/ Cash From Trash.

With support of Affle (India) Limited 4 Composting machines were installed in Government schools and RWA's at various locations in Gurugram. The machines assist in converting food waste to manure. This prevents food wastes from being added to the land fills.

Students and the residents were given sessions on the importance of segregation and a demo session on the operational process of the composting bins.



OUR GRATITUDE, PARTNERSHIPS & COLLABORATIONS



Legal Status	Registered un
Address for communication	A-9, Ground
Registration Number	
Year of Operation	
PAN	
Income Tax Exemption (Under Section 80G)	
Income Tax Registration Number (Under Section 12 A)	
CSR1 Registration number	
NGO Darpan- NITI Aayog Registration Number	
FCRA Registration Number	
Phone Number	
Email ID	
Website Address	

under Societies Registration Act, XXI of 1860	
d Floor, Green Park Main, New Delhi – 110016	
S/710/Distt. South/2011	
2011	
AABAP8717F	
AABAP8717FF20211	
AABAP8717FE20197	
CSR0000335	
DL/2013/0071960	
231661862	
011-41036265	
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